

## 3SquaresVT Documentation Check List:

You are required to have an interview and provide certain documentation to receive 3SquaresVT benefits. At your interview, you will be asked for the following documents. If your interview is over the phone, you will be instructed where to send copies of these documents.

Identification (such as a driver's license, birth certificates) and Social Security numbers for everyone who wants 3SquaresVT benefits

Proof of all income in the last 30 days (such as pay stubs, a letter from your employer, etc.)

If self-employed, your most recent tax forms or record books showing income and expenses

Unearned income such as Social Security, SSI, Unemployment, or child support

Proof of any court ordered child support paid to anyone not living in your household

Information about bank accounts or other investments, such as account numbers and how much money you have. If your worker needs this information they will let you know at the time of your interview.

If you are 60 or older or have a disability, proof of the first \$35.01 of medical expenses you pay per month, such as Medicare premiums, prescription and over-the-counter medications, eyeglasses, and dental care. If your medical expenses are over \$173.00 per month your worker will advise you at your interview what additional verification is needed. Proof can be a doctor's statement, drug store receipt, or a bill or invoice.

If the worker does not have the above information when they are interviewing you, you will have time to get it, but it may take longer for you to get benefits. The worker may also ask you for more information.

If you try and are not able to get the information the worker asks for, be sure to let the worker know right away. He or she may be able to help you get this information.

For more information or questions about 3SquaresVT

Call 1-800-479-6151

Or go to [www.vermontfoodhelp.com](http://www.vermontfoodhelp.com)



**Vermont Campaign to  
End Childhood Hunger**

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 **VERMONT**  
DEPARTMENT FOR CHILDREN AND FAMILIES  
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